7 Head Lice Myths & Facts

Myth nº1 All children with head lice scratch or itch.

Fact: Initial infestation may produce no signs or symptoms for 4 to 6 weeks. This means that your

child can have head lice and begin itching only about one month later.

Myth nº2 Lice jump or fly from one head to another.

Head lice cannot jump nor fly! They can only crawl using their claws. They get transmitted by

crawling from one hair to another.

Myth nº3 Lice live in carpets, beds, clothes and couches.

An adult louse can only live up to 48 hours (usually 24 hours) away from a human host. Nits can

survive up to 10 days away from a head but will usually not be able to hatch because they need

heat to incubate.

Fact:

Myth nº4 Lice die immediately after treatment.

Fact: A louse can take several hours (and up to 24 hours) before it dies following treatment.

Myth nº5 A single treatment is enough.

Fact:

A minimum of two treatments about 7 days apart is recommended to really kill all newly

hatched nits.

Myth nº6 OTC Products kill 100% of lice.

Fact: According to studies, no OTC product will kill 100% of lice.

Myth nº7 The whole family should be treated.

Only those who have a proven head lice infestation should be treated. All family members

should be checked on a daily or weekly basis.



